

Out of Hours and Emergency Care information

Please call 111:

- If you do not have a local GP
- If you are not able to get GP appointment or outside of normal working hours
- For any dental problems if you are not able to get an appointment with a dentist
- For any health advice
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If you have any of the following you should attend A&E:

- Chest pain
- Stroke symptoms
- Severe blood loss
- Serious injury
- Collapse

The nearest Emergency Department is at Colchester General Hospital